





## **PURPLE DAY**

On the Sunday the 26th of March New Zealand will be wearing Purple to raise awareness and funds for people living with Epilepsy.

Epilepsy is a neurological condition that effects the electrical activity in a person's brain causing a change in movement, behaviour, level of awareness and/or feelings.

There is approximately 49,000 New Zealanders living with epilepsy at the moment.

Purple day was initiated by 9-year-old Cassiday Megan because of her own struggles with Epilepsy. The very first Purple day was held on the 26<sup>th</sup> March 2008.

Epilepsy is known as a "hidden" condition or disability as it's not visible unless having a seizure.

Join us in wearing Purple this Sunday!

If you would like to know more please visit <u>The National Epilepsy Association of New Zealand • Epilepsy NZ</u>

